

Overdose Awareness Resources

You are not alone. There is help. There is hope.

Grief Support

In-Person and Virtual Grief Support Groups at no financial cost

- Stedman's Community Hospice in Brantford: please email Krista at kcampure@stedmanhospice.ca or call (519) 751-7096, ext. 2518
- Bereaved Families of Ontario in Hamilton: programming@bfoscr.com or call (905) 318-0070
- Healing Hearts Canada: <https://www.healingheartscanada.org/>
- Grief Recovery After a Substance Passing (GRASP): <https://grasphelp.org/>

Grief Handbook: Gone Too Soon, navigating grief and loss as a result of substance use, BC Centre for Substance Use: https://www.bccsu.ca/grief_handbook/

Safety and Harm Reduction

- Naloxone and Test Strips: Free fentanyl and xylazine/medetomidine test strips and Naloxone kits are available locally from SOAR Community Services at 133 Elgin St. or 1-225 Fairview Dr. in Brantford
- If using alone, individuals can contact the confidential National Overdose Response Service (NORS) at 1-888-688-6677 for live remote monitoring
- Medical Help: Always call 9-1-1 immediately during a suspected overdose, even if Naloxone has been administered, as its effects can wear off

*The Good Samaritan Drug Overdose Act provides some legal protection for people who experience or witness an overdose and call 911 or their local emergency number for help. The Act can protect you from: Charges for possession of a controlled substance (i.e. drugs) under section 4(1) of the Controlled Drugs and Substances Act

Addiction Treatment and Withdrawal Management

Call during business hours beginning at 8:30 am:

SOAR Addiction Services in Brantford – Intake Line: [\(519\) 754-0253](tel:5197540253)

Brantford Rapid Access to Addictions Medicine (RAAM) Clinic: [\(519\) 758-8443](tel:5197588443)

Crisis Services 24/7, 365 days/year

SOAR Mental Health and Addiction Crisis Line: [\(519\) 759-7188](tel:5197597188)

Suicide Crisis Line: call or text 9-8-8

Community Support

Narcotics Anonymous Norfolk Brant - <https://www.norfolkbrantna.org/>